

## **KRANTI PATIL**

**Assistant Professor of Psychology | Psychologist | Trauma & Attachment Researcher**

Pune, Maharashtra, India

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### **Professional Profile**

Assistant Professor of Psychology at Aabasaheb Garware College and Research Scholar at Savitribai Phule Pune University. UGC-NET (June & December 2025) and GATE (Psychology 2026) qualified. My teaching integrates evidence-based psychology, counselling practice, and trauma-informed pedagogy. My doctoral research focuses on attachment insecurity, childhood trauma, gender, and trauma responses among Indian adults.

### **Educational Qualifications**

- Research Scholar (PhD), Psychology, Savitribai Phule Pune University (Sir Parashurambhau College), Pune (2026–Present)
- GATE (Psychology) Qualified, 2026
- UGC-NET Qualified for PhD (June & December 2025)
- M.A. Clinical Psychology, Sir Parashurambhau College, Pune (2023) – CGPA: 9.19
- B.A. Psychology, Sir Parashurambhau College, Pune

### **Teaching & Academic Experience**

#### **Assistant Professor of Psychology**

Aabasaheb Garware College, Pune

01 July 2026 – Present

- Teaching postgraduate psychology courses.
- Preparing lesson plans, assessments aligned with university curriculum.
- Mentoring students in academic and research activities.
- Promoting critical thinking through evidence-based and interactive teaching.

#### **Assistant Teacher (Psychology & Sociology)**

Sinhgad Institutes, Pune

June 2022 – November 2022

- Taught introductory Psychology and Sociology.

- Designed lesson plans and assessments.
- Facilitated classroom discussions and mentored students.

### **Professional Experience**

- School Counsellor – EuroSchool India, Pune (2024–2025)
- School Counsellor – Army Public School, Pune (2023–2024)
- Psychologist – UMANG Institute of Autism & Multidisability Research (2023)
- Clinical Psychology Intern – Poona Hospital & Research Centre (2023)

### **Research Interests**

- Trauma & Developmental Psychopathology
- Attachment Theory
- Counselling Psychology
- Gender & Cultural Psychology
- Positive Psychology

### **Publications & Certifications**

- Patil, K. (2026). From Obedience to Emotional Intelligence: Reframing Child Socialization in Indian Homes through a Practice-Informed Conceptual Framework. *Journal of Research and Development*, 18(2(XXII)), 150–154.  
<https://doi.org/10.5281/zenodo.19344766>
- Patil, K., Kakulte, A., & Inamdar, M. (2022). **Self-compassion and stress among youth during COVID-19 pandemic**. Aarhat Multidisciplinary International Education Research Journal.
- Patil, K. (2025). ‘पालकत्वाची नवी परीक्षा: मोबाईलच्या दुनयेत मुलांना सावरताना’
- Patil, K. (2025). ‘**Screens and Scream Time**’ The Perfect Voice
- NPTEL: Great Experiments in Psychology (Elite + Top 5%, 95%)
- NPTEL: Applied Positive Psychology (Elite)
- British Council UK – Safeguarding for Teachers (2025)