

Mr. SHASHANK SUDHIR SARAF

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BACKGROUND

B.A. Psychology / M.A. Psychology (Clinical Psychology)

Post Graduate Certificate Course In Counseling Psychology (PGCCCP) From Fergusson College.

PROFESSIONAL EXPERIENCE

ABASHEB GARWARE COLLEGE, PUNE (August 2023 to April 2024)

- Working as Assistant Professor for Post Graduate Students

K.E.M HOSPITAL RESEARCH CENTER, Pune: (August 2021 to July 2022)

- Explored domains such as SPSS, Counseling, Taking Medical Camps in Tribal Areas, Case Studies of Patients, and Tele-Counseling.

K.E.M HOSPITAL RESEARCH CENTER Pune (February 2022 to June 2022)

- As a psychologist, I took part in the study "A Choice-based Design Approach to Influence Beneficial Use of a Green Space by Family-Caregivers at a Tertiary Care Hospital in India." It was published in the Journal of Health Environments Research & Design.

WORKING AS AN INTERN WITH PSYCHIATRIST DR. VASUDEO PARALIKAR SIR

- Explored aspects such as client communication, case study methodology, and basic counseling techniques.

NITYANAD REHABILITATION CENTRE: (May 2021 to July 2021)

- Explored domains in the learning process, Observation in IPD and OPD, Family Counseling, Group Therapy, Day-care Activities, and Addiction Groups.

UDAAN FOUNDATION (December 2018 to August 2019)

- Explored domains such as Psychometric testing, Leadership workshop, Mentoring, Presentation skills, documentation, and event coordination. Organized and participated in events like Industrial testing, workshop on leadership and time management held at Mumbai, Army boot camp (self-defense training) for girls, etc.

WORKED AS AN INTERN WITH PSYCHIATRISTS DR. UMESH NAGAPURKAR AND DR. ROHINI PATOLE

- Explored aspects such as client communication, case study methodology, counseling, and psychometric testing.

COMPUTER SKILLS

- SPSS
- Canva
- MS Excel
- MS Word
- MS PowerPoint

CAREER OBJECTIVE

Looking for a challenging career that demands the best of my professional ability in terms of technical and analytical skills, where I can enhance & apply knowledge to provide the best possible performance for the organization.

EDUCATIONAL DETAILS

Post Graduate Certificate Course in Counseling Psychology

- Fergusson College Pune
- **Grade A+**

M.A. Psychology

- Gokhale Education Society, H.P.T. ARTS Nashik (Pune University)

- Grade: 8.16 (First class)

B.A. Psychology

- Gokhale Education Society, H.P.T. ARTS Nashik (Pune University)

H.S.C

- Bhonsala Military College

S.S.C

- Vidya Prabhodhini Prashala, Nashik

PERSONAL DETAILS

Name: Shashank Sudhir Saraf

Marital Status: Unmarried

Birth Date: 23/04/1996

Hobbies: Playing Sports, Counseling, Traveling, Photography, Observation, Graphology, etc.

Strengths: Leadership, Responsible & Adaptable, Friendly & cooperative with everyone.

Language Proficiency: English, Hindi, Marathi

DECLARATION

I hereby declare that the above-given information is true to the best of my knowledge. I look forward to your positive response.

Date:

Place:

- SHASHANK. S. SARAF
(COUNSELING PSYCHOLOGIST)